**PPNO List Serv Query Summary Template**

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Contact for further information:

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Do nurses initiate non stress tests without Obstetrician orders at your facility? Do you have a medical directive for NSTs?

Abbreviated Question (as it will appear on search results page)

**Policy/Procedure**  **Practice**   Program Info  Committee Structure info  Role  Students

Model/Structure  Care Delivery  Collaboration  Regulation/Legislation  Pt. Safety

Quality/Outcome/Indicator  PP Culture/Leadership  Other:

Keyword(s)

Check 1 or 2

Required

for website

archiving

Responses: Please cut and paste responses from emails into the table, save and send summary table to PPNO List Serv. Allow 3 weeks for responses to filter in before sending final version.

| **Responder Info** |  | **Attachment(s)\*** |
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| Lorraine Bird, RN, MScN  Interim Clinical Educator  Collingwood General and Marine Hospital  705-445-2550 Collingwood, ON, L9Y1W9 | No, currently we receive orders for our NSTs.   No medical directives. |  |
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| *Narinder Kainth*  *Professional Practice Leader*  *L&D/Post-Partum Services*  *Cell: 416 817 5927*  *Desk: 905 472 7373 ext 6355*  [*nkainth@msh.on.ca*](mailto:nkainth@msh.on.ca) | We don’t have a medical directive BUT I am developing a preprinted order set that we are hoping to implement very soon. This would be sent with the patient from the Physician’s office. I wouldn’t go Medical directive route as first step |  |
| Jennifer Faulkner RN BScN  Professional Practice Specialist  Maternal Child | Oncology  Quinte Health Care  Office- 613-969-7400 ext 2040  Cell- 613-438-2562 | Here at QHC we do not have a medical directive. Patients are booked for their NST appointments and the physician advises their frequency and the patient books as appropriate with our clerk. The nurses initiate the NST when they come and notify the physician when it is completed.  I’ll be interested to hear what your responses are. |  |
| Krista Ziegler, RN, BScN  Nurse Clinician – Birthing Centre  System Manager – Intellispace Perinatal  NEO Kids and Family Program  Health Sciences North  Ramsey Lake Health Centre  [kziegler@hsnsudbury.ca](mailto:kziegler@hsnsudbury.ca)  705-523-7100 ext. 3075 | Physicians call to department with request to book NST and provide indication and frequency.  If not pre-booked then that patient would be considered a triage patient, seen by the OBS-ON-CALL.  We do not have a Medical Directive for NSTs.  I  can probably say we have gotten in to the habit of monitoring patients too much in triage, especially if they have no risk factors for adverse outcomes.  This is a culture change for sure.  But generally all triage have an assessment strip/NST done as part of their “Triage” assessment.   Staff will notify the OBS-on-Call what the chief complaint is and the classification of tracing. |  |
| **Amanda Humphrey, RN, BScN, PNC(C)**  Clinical Nurse Educator, Birthing Unit  North Bay Regional Health Centre  (705)474-8600 ext 4792  (705)493-8425 (c)  [amanda.humphrey@nbrhc.on.ca](mailto:amanda.humphrey@nbrhc.on.ca) | Good morning Jocelyn  There are a couple of different scenarios that would need to be taken into consideration here I think.   1. Regular NST’s during pregnancy for monitoring of obstetrical complications as per antenatal testing guidelines (ie GDM, HDP, twins, etc).  At our facility, we have a booking process for Obs and Midwives to order and book these. 2. NST’s for urgent/Triage assessments: nurse initiates as part of overall triage assessment, no order required. I’m not sure you really NEED an order for a nurse to initiate an NST? 3. Antenatal admissions for monitoring of OB complications/high risk (ie stable previa, PPROM, etc)  NST frequencies are usually ordered by the admitting care provider 4. EFM in labour is based on a FHS guidelines and risk categories.  Our OBs don’t necessarily order EFM in labour specifically.  Our order set includes a “monitor as per protocol” order and then is managed by nursing based on this. |  |
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\*Imbedding Attachments: When in a document, with the cursor in the place where you wish to insert another document as an icon, Go to Insert, choose "Object" (not 'file') choose "Create from File" browse for the file name from your directory, once found, check off "Display as Icon" select "OK” The document Icon now appears in this document where your cursor was positioned. Save the document you are working in and the imbedded icon with the document they relate to attached will also be saved to this document.