



AFFIX LABEL HERE

**Mental Health Services  
Adult Treatment and Rehabilitation Services Program**

**Pre-ECT Medical Clearance Form**

**Baseline general physical exam and Review of Symptoms completed within one month of expected start date of ECT?**

Yes                                      Date Completed: \_\_\_\_\_

**Are there any medical conditions present that may increase risk of adverse effects of ECT?**

Yes                                       No

**If Yes, please specify:**

- Space occupying cerebral lesion                       Increased intracranial pressure                       Recent myocardial infarction
- Aneurysm or CVA     Retinal detachment     Pheochromocytoma
- Other: \_\_\_\_\_

**Are there any medical conditions that may require modifications to ECT technique?**

Yes                                       No

**If Yes, please specify:**

- COPD                       Hypertension     History of myocardial infarction                       History of CVA
- Asthma                       Coronary artery disease     Cardiac arrhythmia's     Osteoporosis
- Other: \_\_\_\_\_

**Are there any conditions or historical factors that may require Pre-ECT Anesthesia consult?**

Yes                                       No

**Specify Patient Risk Factors:**

- Ischemic Heart disease:
  - Severe (class 3 or 4 angina)     MI<6 months ago
  - New onset of symptoms/ECG changes     Unstable or progressive symptoms
- Recent CHF (<3 months)     Morbid obesity (BMI > 45)
- Severe heart valve disease     Progressive changing neurologic disease
- Decreased exercise ability     Muscular disorders (ie. Duchenne/Myotonic Dystrophy etc)
- Severe lung disease     Renal Failure or cirrhosis
- Severe/poorly controlled HTN/Diabetes     Coagulation disorders
- Obstructive Sleep apnea

**Specify Anesthesia Factors:**

- Malignant Hyperthermia     Unexpected post op ventilation/severe breathing problems
- Previous difficult intubation     Anaphylaxis to anesthetic medication



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**Completion of Pre-ECT Procedure, Assessments, Lab and Diagnostic Investigations:**

Baseline MoCa       ECG       CXR       CBC, Na, K, Cl, Creatinine, Fasting Glucose

Other: \_\_\_\_\_

Medication Review       Allergy Review

**Abnormal Results:**

Internal Medicine Consult       Family Medicine Consult

**Reason:** \_\_\_\_\_

Anesthesia Consult

**Reason:** \_\_\_\_\_

\_\_\_\_\_  
Physician Signature

\_\_\_\_\_  
Print Name/Designation

\_\_\_\_\_  
Date

\_\_\_\_\_  
Time