



Title: Modifying a Diet Texture Order for an Adult Inpatient	
Manual: Patient Care Policies and Procedures	Type: Medical Directive
Section: Medical Directives	Additional Sections:
Developed by: Speech-Language Pathology	Original Effective Date: 2007/09/11
Approved by: Approved by: MAC 2011 MAC 2010 Clinical Policy and Procedure Review and Approval Committee 2010/06	Date Revised: 2011/09 2010/06
Cross Reference:	Date Reviewed: 2013/01
Key Words: Diet texture, swallowing assessment, SLP, Speech- Language Pathologist.	

Order and/or Delegated Procedure:	Appendix Attached: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Title:
This medical directive for Speech Language Pathologists governs: 1. Modifying a written diet texture (solids and liquids) order.	
Recipient Patients:	Appendix Attached: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Title:
Adult patients admitted to York Central Hospital are covered by this medical directive unless contraindicated.	
Authorized Implementers:	Appendix Attached: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Title:
Speech – Language Pathologist, Registered CASLPO (College of Audiologists and Speech – Language Pathologist of Ontario) who possess the knowledge, skill and judgment to implement this medical directive as outlined in the Performance Readiness Plan.	
Indications:	Appendix Attached: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Title:
1. Adult patients with a written diet order referred by a physician for a consultation by a Speech-Language Pathologist. 2. Adult patients with a written diet order who have been identified as having dysphagia by a Speech-Language Pathologist.	
Contraindications:	Appendix Attached: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Title:



This medical directive must not be implemented:

1. when the patient or Substitute Decision Maker (SDM) declines implementation of this Medical Directive;
2. informed consent is not obtained;
3. patient has a written diet order of Nothing Per Oral / Nothing by mouth (NPO); or does not have any written diet order.

If the medical directive is contraindicated, recommendations will be made by the Speech Language Pathologist and discussed in consultation with the physician and Registered Dietitian.

Consent:

Appendix Attached: Yes No
Title:

This medical directive cannot be instituted until the patient or SDM has provided informed consent for the proposed investigation and treatment.

Obtaining and documenting informed consent includes the provision of information and the ability to

answer questions about:

the implementation of this medical directive; the nature of the treatment;

expected benefits of the treatment;

material risks and adverse effects of the treatment; alternative courses of treatment; and

likely consequences of not having the treatment (CNO, 2008, CPSO 2007).

Guidelines for Implementing the Order / Procedure:

Appendix Attached: Yes No
Title:



Assessment:

1. Review written diet order by physician.
2. Review health record to screen patient for signs of dysphagia and potential indications and contraindications.
3. Obtain informed consent.
4. Complete the swallowing assessment.

Implementation of Medical Directive:

1. Modify the written diet texture order based on results of swallowing assessment.

Documentation and Communication:

Doctor's Orders Sheet (form 8602)

The S-LP will implement this medical directive by documenting the medical directive on the doctor's orders sheet as such:

January 1, 2009

1100hrs

As per S-LP medical directive –Modifying a Diet Texture Order for
Adult Inpatient: change specify diet texture_

Name of Speech-Language Pathologist and designation

Progress Notes

Document consent, results of the swallowing assessment, recommendations and actions taken.

All documentation must be in accordance with Mackenzie Health

Review and Quality Monitoring Guidelines:

Appendix Attached: Yes No
Title:

Implementers identifying any untoward or unintended outcomes arising from implementation of orders under this directive, or any issues identified with tie will report these to the Professional Practice Leader, Speech Language Pathology as soon as possible for appropriate disposition. Medical Directive to be reviewed annually by the Professional Practice Leader, Speech Language Pathology in collaboration with Allied Health and the Physician Authorizer. Initial training for this medical directive will occur during the orientation, followed by a mandatory annual review for all S-LPs.

Administrative Approvals (as applicable):

Appendix Attached: Yes No
Title:



Medical Directives, approving committees include the Professional Advisory Committee, Pharmacy Nutrition and Therapeutics, each individual Quality Department Committees and Medical Advisory Committee .

Medicine: Surgery:

Continuing Care Program:

PNT:

PAC:

Chief Practice Officer:

MAC:

Clinical Policy and Procedure Review and Approval Committee:

Approving Physician(s)/Authorizer(s):

Appendix Attached: Yes No
Title:

References:

Appendix Attached: Yes No
Title:



College of Audiologists & Speech-Language Pathologists of Ontario. (2007) Practice standards and guidelines for dysphagia. Retrieved January 27, 2010 from http://www.caslpo.com/english_site/pdfdocs/5Dysphagia_PSG_Draft_for_Member_Feedback_2007.pdf

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