



## Delegation and/or Medical Directive

### Appendix 7: Pre-Operative Medication Instructions for Ambulatory Surgery Patients

#### Instructions for All Patients (excluding cataract patients):

Bring all medications with you to the hospital (prescription and non-prescription items) in their original containers, including insulin and puffers	
<b>Blood Thinners</b>	Direction to be given by surgeon. Check pre-op orders or call surgeon's office
<b>Anticonvulsants</b>	Take as per usual
<b>Antidepressants, Anti-anxiety, Anti-psychotics</b>	Take as per usual
<b>Asthma medication</b>	Take as per usual
<b>Insulin/ Oral Diabetic Medications</b>	Instruct patient to take half of their insulin dose the evening before surgery, Hold insulin and oral diabetic medications the morning of surgery. <b>Insulin pump:</b> contact your family doctor or internal medicine doctor for special instructions
<b>ACE inhibitors, Angiotensin Receptor Blockers, Diuretics</b>	Hold morning of surgery
<b>All other medications:</b>	Take the morning of surgery as per usual

#### Cataract Surgery Specific Instructions:

Bring all medications with you to the hospital (prescription and non-prescription items) in their original containers, including insulin and puffers	
<b>Unless otherwise instructed by your ophthalmologist:</b>	Take your usual morning prescription medication on the day of your surgery
	<b>Blood Thinners:</b> Do not stop any blood thinner products (Aspirin, Plavix, Coumadin etc.) prior to surgery
	<b>Diabetic Patients:</b> Hold insulin and oral diabetic medications the morning of surgery. If you are on an insulin pump, contact your family doctor or internal medicine doctor for special instructions.