



Quinte Health Care  
Belleville General  
265 Dundas Street E.  
Belleville, ON K8N 5A9  
T: (613) 969-7400  
F: (613) 968-8234

Quinte Health Care  
North Hastings  
1H Manor Lane  
P.O. Box 157  
Bancroft, ON K0L 1C0  
T: (613) 332-2825  
F: (613) 332-3847

Quinte Health Care  
Prince Edward  
County Memorial  
403 Main Street E.  
Picton, ON K0K 2T0  
T: (613) 476-1008  
F: (613) 476-8600

Quinte Health Care  
Trenton Memorial  
242 King Street  
Trenton, ON K8V 5S6  
T: (613) 392-2540  
F: (613) 392-3749

*Our Vision: "Exceptional Care, Inspired by You"*

## QUINTE HEALTH CARE

### **A message to our patients and their families about Long Term Care and discharge:**

Our goal is to ensure patients are receiving care in the best place for their needs. During a hospital stay, patients are regularly reassessed for alternative destinations when needs can be met elsewhere. Once you no longer need the acute or complex continuing care provided in the hospital, it is in your best interest to be quickly discharged back to your home, or to another care setting in the community. Returning to the community helps you to: participate in more recreational and social activities; be in a more restful environment; stay healthier by removing the risk of hospital-acquired infections and remain active so that you can maintain your functionality and strength.

### **Co-Payment Rates**

Once your physician determines that you no longer need acute or complex continuing care, you will be referred to as someone requiring an alternate level of care (ALC). If you cannot return home but no longer need hospital care (determined by your doctor) you may be charged for meals and accommodations referred to as a co-payment fee. The co-payment fees are determined by the Ministry of Health and are based on your income. Your Patient Flow Coordinator from QHC will provide you with more information and direct you to the finance department.

### **Selecting a Long-Term Care (LTC) Home**

We request that you select five potential long-term care homes – one that is your preferred choice and four alternate choices. We require the name of your first choice within 3 business days and the remainder of your choices within 5 business days. Two of these selections should have shorter wait times helping you have a good chance of being accepted and moved to one of your choices within a reasonable amount of time. The selection of long-term care homes on your list is completely your decision. When an opening becomes available in a home of your choice you will be moved to that home to wait for your preferred home to become available. If this happens, you will not lose your spot on the wait list for your preferred home of choice. Your South East LHIN Home and Community Care Coordinator will explain the placement process in more detail.

Usually it is best not to wait in hospital if you can manage in the community. Home care services can be coordinated to help you to return home as you wait for a long term care home bed to become available. We will be regularly reassessing for alternatives to waiting in hospital for LTC should your level of care be able to be met in another setting.

If you do wait in hospital you will need to be ready to move within 24 hours of when appropriate accommodation becomes available. Transportation is your responsibility, but we can help with transportation arrangements, if necessary.

Please contact your Patient Flow Coordinator if you have any questions.

Sincerely,

Carol Smith Romeril  
Vice President & Chief Nursing Officer