

**HPHA Same Day Home Joint Arthroplasty**

**Inclusion / Exclusion Criteria**

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| **Inclusion Criteria** | **Exclusion Criteria** |
| Patients **must meet the following inclusion criteria** to be determined a candidate for Same Day Home Joint Arthroplasty:   * Unilateral Primary Total Hip Arthroplasty * Unilateral Total Knee Arthroplasty * Body Mass Index (BMI) less than 35 kg/m2 * Patients must have a “care partner” available to attend all pre-operative classes, and who can stay with the patient a minimum of 24 to48 hours post-operatively. * American Society of Anesthesiologists (ASA)   score of 1 or 2. .   * No history of cardiopulmonary disease that would necessitate inpatient monitoring after surgery (i.e. requiring: Telemetry, Intensive Care Unit monitoring) * No history of sleep apnea * No contraindication to tranexemic acid * No bleeding disorders, known coagulopathies * Pre-operative hemoglobin greater than 120 g per L for females, and greater than 130 g per L for males * No active psychiatric issues * No documented previous anaphylactic reaction to antibiotics * No history of malignant hyperthermia * Live within 30 minutes of a hospital with emergency services at a fixed address, and have means of communicating with surgical team from home via home/cell phone. * Able to communicate in English (printed instructions are provided in English only); does not have to be primarily English speaking * Ability to give informed consent * Cleared for same day surgery by * Surgeon * Physiotherapist | Patients identified with any of the following **will not be** included as Same Day Home Joint Arthroplasty patients:   * Unable to meet inclusion criteria listed * Patient has significant pain management issues * Patient / family history of anesthesia related complication(s) (e.g., malignant hyperthermia, pseudocholinesterase deficiency, airway difficulties, untreated obstructive sleep apnea * BMI greater than 35 that significantly impacts the patient’s ability to mobilize * Significant psycho/social issues that would prevent the patient from managing at home safely * Cognitive issues that preclude the ability to understand instructions * Patients with the following drug history are not eligible: * Chronic opioids use/opioid addiction * Chronic benzodiazepine use * Anticoagulants – excluding Acetylsalicylic Acid * Significant alcohol history with signs and symptoms of dependency * Cognitive issues that preclude the ability to understand instructions * Patient has not attended all required pre- operative visits * Patient does not have health care partner available for support for a minimum of 24-48 hours post-operatively * Physical home environment barriers (i.e. - patient lives on 3rd story apartment with no elevator access etc.) * Consideration of patient’s pre-operative mobility level (i.e. - poor mobility pre-operative and deconditioned). * Any patient the surgeon / or delegate deems inappropriate for an Outpatient Day Surgery procedure. |