

**HPHA Same Day Home Joint Arthroplasty**

**Inclusion / Exclusion Criteria**

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| **Inclusion Criteria** | **Exclusion Criteria** |
| Patients **must meet the following inclusion criteria** to be determined a candidate for Same Day Home Joint Arthroplasty:* Unilateral Primary Total Hip Arthroplasty
* Unilateral Total Knee Arthroplasty
* Body Mass Index (BMI) less than 35 kg/m2
* Patients must have a “care partner” available to attend all pre-operative classes, and who can stay with the patient a minimum of 24 to48 hours post-operatively.
* American Society of Anesthesiologists (ASA)

score of 1 or 2. .* No history of cardiopulmonary disease that would necessitate inpatient monitoring after surgery (i.e. requiring: Telemetry, Intensive Care Unit monitoring)
* No history of sleep apnea
* No contraindication to tranexemic acid
* No bleeding disorders, known coagulopathies
* Pre-operative hemoglobin greater than 120 g per L for females, and greater than 130 g per L for males
* No active psychiatric issues
* No documented previous anaphylactic reaction to antibiotics
* No history of malignant hyperthermia
* Live within 30 minutes of a hospital with emergency services at a fixed address, and have means of communicating with surgical team from home via home/cell phone.
* Able to communicate in English (printed instructions are provided in English only); does not have to be primarily English speaking
* Ability to give informed consent
* Cleared for same day surgery by
* Surgeon
* Physiotherapist
 | Patients identified with any of the following **will not be** included as Same Day Home Joint Arthroplasty patients:* Unable to meet inclusion criteria listed
* Patient has significant pain management issues
* Patient / family history of anesthesia related complication(s) (e.g., malignant hyperthermia, pseudocholinesterase deficiency, airway difficulties, untreated obstructive sleep apnea
* BMI greater than 35 that significantly impacts the patient’s ability to mobilize
* Significant psycho/social issues that would prevent the patient from managing at home safely
* Cognitive issues that preclude the ability to understand instructions
* Patients with the following drug history are not eligible:
* Chronic opioids use/opioid addiction
* Chronic benzodiazepine use
* Anticoagulants – excluding Acetylsalicylic Acid
* Significant alcohol history with signs and symptoms of dependency
* Cognitive issues that preclude the ability to understand instructions
* Patient has not attended all required pre- operative visits
* Patient does not have health care partner available for support for a minimum of 24-48 hours post-operatively
* Physical home environment barriers (i.e. - patient lives on 3rd story apartment with no elevator access etc.)
* Consideration of patient’s pre-operative mobility level (i.e. - poor mobility pre-operative and deconditioned).
* Any patient the surgeon / or delegate deems inappropriate for an Outpatient Day Surgery procedure.
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