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|  | <b>Naloxone Kit Distribution</b>   |
| Location: Medication (MED)\Ordering and Administration (MED-ORD)                 | Version: 1.50                      |
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| Electronic Approval: Moledina, Shellyna (Patient Care Director Pharmacy)         | Approval Date: 10/25/2019          |
| Review Frequency: 3 years  | Next Review Date:                  |

**PURPOSE AND SCOPE:**

Markham Stouffville Hospital (MSH) is committed to increasing awareness of and providing low barrier access to Naloxone kits, to promote harm reduction with our patients and clients. The purpose of this document is to provide guidelines for the distribution of Naloxone kits and opioid overdose prevention education to patients/clients and/or concerned friends and family members of those at risk for opioid overdose.

The distribution of Naloxone kits is not meant to replace or change the routine care of a patient presenting to the Emergency Department with any suspected overdose.

There is no minimum age for receipt of Naloxone. Staff should use professional judgment to determine whether the client has the capacity to understand and appreciate the information and education being provided.

**POLICY STATEMENT(S):**

It is the policy of MSH to ensure that designated Naloxone leads are established in the Pharmacy, Emergency, and Outpatient Mental Health departments. The program leads will ensure applicable staff are trained to provide Naloxone kits to patients and/or their family/friends who meet the criteria outlined in the procedure below.

**PROCEDURE:**

| <b>Assessment and Training</b> |   |
|--------------------------------|---|
| Naloxone Program Lead          | The MSH Naloxone program lead will: <ul style="list-style-type: none"> <li>• Ensure that staff are trained using approved training resources (See Appendix)</li> <li>• Establish and maintain procedures concerning the MSH Naloxone program</li> <li>• Ensure compliance with Naloxone and related policies and procedures</li> <li>• Ensure appropriate documentation and submit quarterly reports to Public Health (York and Durham Region)</li> </ul> |
| Clinical Staff                 | Registered Pharmacists in all areas; Registered Nurses (RN), Registered Practical Nurses (RPN) and Nurse Practitioners (NP) of the Emergency Department (ED); and Registered Social Workers (RSW), RNs, RPNs and  |

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## Naloxone Kit Distribution

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|  | <p>NPs of the Outpatient Mental Health Department (OPMH) wishing to distribute Naloxone must receive education to the Naloxone program and be kept up to date with new information on Naloxone as it becomes available. Staff must complete the following in order to distribute Naloxone:</p> <ul style="list-style-type: none"> <li>• Receive formal training from an already trained individual</li> <li>• Read and be familiar with the regional Public Health Naloxone Kit distribution training manual (See Appendix)</li> <li>• Read and be familiar with the MSH Naloxone policy and procedures</li> <li>• Comply with this internal MSH Naloxone policy and related policies and procedures</li> </ul>   |
| Trained Clinical Staff                       | <p>The patient must meet at least ONE of the following criteria in order to be eligible for a Naloxone kit.</p> <ul style="list-style-type: none"> <li>• Self-reported opioid use or at high risk of opioid overdose such as relapse and/or use of illicit drugs that could potentially contain opioids</li> <li>• Family or friends of an at-risk client as identified above</li> </ul> <p>Naloxone kits will be provided to the above clients who meet the following:</p> <ul style="list-style-type: none"> <li>• Have completed Naloxone kit training prior to receiving their Naloxone kit</li> <li>• Have no contraindications, including: <ul style="list-style-type: none"> <li>➢ Signs of allergy or hypersensitivity after previous administration of Naloxone</li> <li>➢ Known allergy to any component of Naloxone, including benzalkonium chloride, disodium ethelenediaminetetraacetatem, sodium chloride, hydrochloric acid</li> </ul> </li> </ul> |
| <b>Ordering and Storage of Naloxone Kits</b> |   |
| Pharmacy Lead/<br>Clinical Staff             | <p>Naloxone kits will be stored at 15-25 degrees Celsius within:</p> <ul style="list-style-type: none"> <li>• The automated dispensing unit (ADU) in the ED</li> <li>• A locked cupboard in Outpatient Mental Health clinic</li> <li>• The Pharmacy Department</li> </ul>   |
| Pharmacy Lead                                | <ul style="list-style-type: none"> <li>• Will maintain supply of Naloxone kits from Public Health by completing the Naloxone order form</li> <li>• Will retain the Naloxone distribution records</li> <li>• Will be responsible for the required quarterly reporting to Public Health</li> </ul>  |
| <b>Dispensing Naloxone Kits</b>              |   |
| Trained Clinical Staff                       | <p>Naloxone kits can be dispensed:</p> <ul style="list-style-type: none"> <li>• Upon receipt of an order written by a Physician or Nurse Practitioner; or</li> <li>• Under the directive “Medical Directive for Dispensing Naloxone Kits”</li> </ul>  |
| Trained Clinical                             | <p>Prior to dispensing the kit, verify:</p>   |

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## Naloxone Kit Distribution

### Staff

- Right patient
- Right medication
- Right reason
- Right dose
- Right frequency

Verify at least 3 months remaining before expiry

Patients and/or clients will be oriented to the contents of the Naloxone kit, either the nasal spray or intramuscular injectable, before receiving the respective kit.

Naloxone administration is safe for all ages, and may be administered to paediatric patients.

Contents of the nasal spray kit include:

- 1 hard case
- 2 doses of Naloxone nasal spray (4 mg/0.1 mL)
- 1 insert with instructions (English and French)
- 1 card identifying individual trained to administer Naloxone
- 1 mouth barrier mask
- 1 pair of non-latex gloves

Contents of the injectable kit include:

- 1 hard case
- 2 (0.4 mg/1 mL) vials or ampoules (a small glass container) of Naloxone
- 2 safety-engineered syringes with 25g, 1" needles attached
- 2 alcohol swabs
- 2 devices (known as "breakers," "snappers," or "openers") for opening ampoules safely
- 1 insert with instructions (English and French)
- 1 card identifying the individual trained to administer Naloxone
- 1 mouth barrier mask
- 1 pair of non-latex gloves

Training points will include:

- Opioid overdose prevention
- Signs of overdose
- Step 1: Shout and shake
- Step 2: Call 911. Review Good Samaritan's Drug Overdose Act
- Step 3: Give Naloxone
- Step 4: Rescue breathing and/or chest compressions
- Step 5: Reassess

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## Naloxone Kit Distribution

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|   | <ul style="list-style-type: none"> <li>• Aftercare</li> <li>• Naloxone care and refills</li> <li>• Overdose response myths</li> </ul>   |
| <b>Documentation and Reporting Requirements</b> |   |
| Clinical Staff                                  | <p>The staff dispensing the Naloxone kit will ensure the following documentation is completed:</p> <ul style="list-style-type: none"> <li>• Document the date and time the Naloxone Kit was dispensed, reference the use of this medical directive and include the signature of the implementer in the patient's record in one (1) of the following methods:               <ul style="list-style-type: none"> <li>○ <i>Emergency Record</i></li> <li>○ <i>ED Paper MAR</i></li> <li>○ <i>Orders sheet</i> with patient's label</li> <li>○ <i>eMAR in Meditech</i></li> </ul> </li> <li>• A note in the patient's medical record regarding the distribution of the Naloxone Kit</li> <li>• Naloxone Training Checklist</li> <li>• Naloxone Kit Distribution Record</li> </ul> <p>The Naloxone Kit Distribution Record must be sent to the Pharmacy Department.</p> |

**DEFINITION(S):**

**Naloxone:** a medication that temporarily counteracts the effects of opioids. If administered quickly, Naloxone can help improve the breathing and level of consciousness of individual taking opioids.

**Dispensing:** Dispensing medication is 'to select, prepare and transfer stock medication for one or more prescribed medication doses to a client or the client's representative for administration at a later time' (CNO, medication practice standard, 2019). Nurses and/or social workers must ensure they have the knowledge, skill and judgment required to perform Naloxone dispensing when orders are received from a physician or Nurse Practitioner (NP) or medical directive is enacted. Pharmacists are authorized to dispense medication as part of their scope of practice.

**REFERENCE(S):**

York Region Public Health Unit Training Manual

Health Canada 2019. Naloxone: Safe a Life fact sheet. Accessed online June 12, 2019 at: <https://www.canada.ca/en/health-canada/services/publications/healthy-living/naloxone-save-a-life-fact-sheet.html>

**RELATED DOCUMENTS:**

Medical Directive Naloxone Kit Dispensing

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## Naloxone Kit Distribution

Naloxone Training Checklist  
Naloxone Kit Distribution Record

### RESPONSIBILITY:

| Required Endorsements  | Sponsor                                       | Approval Authority  |
|--|---|---|
| Emergency Department Operations<br>Mental Health Operations<br>Pharmacy Operations | Patient Care Manager,<br>Emergency Department | Drugs and Therapeutics Committee (DTC) / Medical Advisory Committee (MAC) |

### DOCUMENT HISTORY:

| Type   | Individual/Committee  | Date       | Outcome                  |
|--------|---|------------|--------------------------|
| Draft  | DTC/MAC   | 06/26/2018 | New Document; Approved   |
| Revise | Professional Practice Leader;<br>Director Pharmacy Services | 10/18/2019 | Minor Revision; Approved |

### APPENDICES:



v4A-Overdose\_Prevention\_Training\_Manual

York Region Public Health Naloxone Distribution Training Manual



DRPH Overdose Basics.pdf

Durham Region Training Info

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