

## Success stories

**Story #1:** Patient with a kidney injury, developmental disability, low motivation, and low appetite

### RCC provided

- One-on-one physiotherapy and occupational therapy sessions
- Recreation therapy group sessions
- Meals in the dining room with other patients

### How did the patient benefit?

- Spoke more often
- Developed an appetite
- No further weight loss
- Improved mobility (started pushing self around the unit in wheelchair)

**Story #2:** 84-year-old woman who was unable to stand after a broken leg and also had low motivation

### RCC provided

- Recreation therapy, including cognitive support
- One-on-one physiotherapy
- “Walk to dine” program
- Toileting schedule

### How did the patient benefit?

- Looked forward to going to the dining room every day
- Initiated toileting
- Became more social and engaged
- Improved mobility

## Contact us

Nursing desk  
416-747-3130

Patient Care Manager  
416-747-3134

Patient Flow Coordinator  
416-747-3771

## Address

211 Finch Avenue West  
Unit 5 West  
Toronto, ON M3N 1N1



M-BRORCC (6/20)



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# Reactivation Care Centre (RCC)



## Information for patients and families



MARKHAM STOUFFVILLE HOSPITAL  
A PROUD HERITAGE – AN EXTRAORDINARY FUTURE

## About the RCC

The RCC site is a partnership with four other hospitals – Southlake Regional Health Centre, Humber River Hospital, Mackenzie Health and North York General Hospital, to provide a facility focused on the unique needs of patients requiring restorative care.

If you are staying at Markham Stouffville Hospital in acute care and you no longer require this level of care, but you still need services to improve your independence and ability to return home, you may be sent to our RCC. The RCC will help you maximize your individual strengths to your overall health advantage.



## Our care approach

The dedicated health care team works with patients to provide care that meets their specific needs and goals.

The Patient Flow Coordinator, (PFC) meets regularly with the patient and family throughout the patient's stay. Together the patient, family and the PFC work toward the patient's discharge back to the community.

## Room amenities

- A flat screen television and phone is in every room. They are free for patient use.
- The dining/activity room located outside of the unit is a shared area with patients from Southlake's RCC.
- Patients are encouraged to to "walk to dine" whenever possible.

## The health care team

- Registered nurses
- Registered practical nurses
- Patient service assistants
- Nurse practitioner
- Social worker/patient flow coordinator
- Unit secretary
- Therapeutic recreation specialist
- Rehabilitation assistant
- Physiotherapist
- Occupational therapist
- Dietitian
- Speech language pathologist

