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Purpose

The policy is designed to ensure that the correct people will respond to the correct place with the correct equipment. Further, it will encourage clear communication between providers. This will ensure safe, effective, consistent care for neonates requiring resuscitation.

It is understood that while suggestions are made within this document about roles it is understood that team roles may be adjusted based on resources available.

Scope

The policy pertains to all staff members, physicians, and midwives at Muskoka Algonquin Healthcare (MAHC).

Policy Statement

A Code Pink will be activated when a neonate (infant <= 28 days) is either born needing resuscitation or is later found to be requiring resuscitation. A Code Pink will not be activated where there is a previously established Do Not Resuscitate order in place. All responders must adhere to PPE protocols.

A Protected Code Pink will apply during a pandemic as outlined in appendices 5 and 6.

Definitions

- <u>Code Pink</u>: An organizational code that is used for any newborn in cardiac or respiratory arrest
- <u>Code Pink Responders</u>: Clinicians (RNs, MDs, RMs, RTs) who are trained and assigned to respond to Code Pink as well as personnel from the lab and diagnostic imaging.
- <u>Code Pink Team</u>: a subset of the Code Pink Responders who remain involved in the resuscitation of the neonate.
- Code Pink Crash Cart: Specialized equipment cart containing supplies and equipment required to care for an unresponsive newborn. These are located in the Labour and Delivery Wards and in the OR. These are distinct from the resuscitative carts located in the FD.
- Neonate- infant less than or equal to 28 days.
- AGMP- Aerosol generating medical procedure
- <u>RT/RRT</u> Respiratory Therapist/Registered Respiratory Therapist (synonymous) <u>OB</u> <u>RN</u> Registered Nurse trained in obstetrics.
- OB MD Family Physician who is an obstetrical provider.
- RM Registered Midwife

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- <u>BCLS</u> Basic Cardiac Life Support
- NRP Neonatal Resuscitation Program
- Team Leader the provider with the most neonatal resuscitative experience at the time. May be OBs RN, Midwife, RT, OB MD, or other MD. The Team Leader should be announced and clearly identified on the resuscitative record. The Team Leader may change if a new clinician with more experience joins the team this change should be clearly verbalized and documented.
- <u>Scribe</u> a designated individual whose sole responsibility is to capture the details and timeline of the resuscitation on the Neonatal Resuscitation Record.

Procedure

- 1. When it is determined that resuscitation is required, immediately call for assistance and activate the Code Pink system by pulling the alarm and/or notifying switchboard:
 - HDMH, Ext. 2333
 - SMMH, Ext. 3333

If notifying by phone, give the exact location of the Code Pink (example: 2nd floor, East Wing nursery) see appendix 1

Switchboard Operator:

- Receives all calls/alarms
- Announce Code Pink overhead 3 times consecutively, including the location
- Call in on-call OBS MD, RT, DI tech, lab tech, RM pager if not in the building (1888-235-6087)
- 2. Initiate NRP based on knowledge set and skills
- 3. The treatment and interventional approach to Code Pink is based on current NRP best practice and is directed by the Team Leader. See appendix 2
- 4. The Code Pink Responders arrive and take direction from the Team Leader. The Code Pink Responder Roles (can include but are not limited to):

Obstetric Physician/Midwife/Emergency Physician

- Responds to all Code Pink calls throughout the hospital.
- Manages the airway unless he/she delegating this to another responder (i.e. Anaesthetist or RT) as needed.
- Performs intubation, if required, unless he/she delegating this to another responder (i.e. Anaesthetist).
- Initiated and/or continues NRP protocols

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- Talks with family regarding the newborn's condition, prognosis, and care requirements.
- Ensures CritiCall is called by a provider who has adequate knowledge of the situation and who is not currently the Team Leader.
- Completes appropriate documentation after communicating with CritiCall.

Second Midwife/MD

- Manages the airway if required unless he/she designates this to another responder (i.e. Anesthetist or RT), as needed
- Initiates and/or continues NRP protocols
- Talks with family during and post resuscitation
- Completes appropriate documentation

Primary OB RN

- Responds to all Code Pink calls throughout the hospital
- Assumes the role of Team Leader in the absence of a physician or midwife
- Initiates and provides NRP
- If code called is not on obstetrics ward (e.g. ER) they will bring the Code Pink Crash Cart either from the OR, or the obstetrics floor
- Ensures Neonatal Resuscitation Record is reviewed and completed at the end of the resuscitation. See appendix 3
- Ensures staff signs the record at the completion of the code

Secondary OB RN

- Brings Code Pink Crash Cart or delegates someone to bring it, as required
- Prepares and sets up T-piece resuscitator if necessary and RT not present
- Prepares and sets up SiPAP if necessary and RT not present
- Attaches oximetry
- Prepares medications as ordered PRIMARY RESPONSIBILITY

Medical/Surgical/Designated Code RNs

- Acts as a Scribe using the Neonatal Resuscitation Record to document details of the resuscitation **PRIMARY RESPONSIBILITY.** See appendix 2
- Brings Code Pink Crash Cart, if not already in room
- Ensures Neonatal Resuscitation Record is given to Primary OB RN at the end of resuscitation for final review and completion
- Other designated tasks, as required

RT

• Responds to all Code Pink calls throughout the hospital

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- Assists with airway management PRIMARY RESPONSIBILITY
- · Prepares for and assists with intubation, as required
- Prepares and sets up T-piece resuscitator, if necessary
- Prepares and sets up SiPAP, if necessary

RN Team lead/RN Manager

- Responds when available to assist where needed
- To assess the need for post resuscitation support of Code Pink Responders
- At the conclusion of the Code Pink, determine if the incident meets the definition of a critical incident and if so take steps to report it correctly according to the critical incident policy
- 5. Other disciplines will be called in as needed at the direction of the Team Leader (i.e. anaesthesia, laboratory, diagnostic imaging, and other nursing staff as necessary)
- 6. At the conclusion of the Code Pink, take a few minutes as an inter-professional team to complete the "MoreOB Take-5 Debriefing tool" debriefing tool or other debriefing tool and discern whether a formal case debrief is required. See appendix 4

Cross Reference

<u>Notes</u>

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Appendices

Appendix 1 – Switchboard Algorithm

Appendix 2 – Neonatal Resuscitation Record

Appendix 3 – Code Pink Crash Cart Checklist

Appendix 4 – MoreOB 'Take-5' Debriefing Tool

Appendix 5 - Protected Code Pink (during a pandemic)- In the emergency room/outpatients

Appendix 6 - Protected Code Pink (during a pandemic)- In the labour room

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Appendix 1 – Switchboard Algorithm

CODE PINK ACTIVATION PROTOCOL

REGISTRATION/COMMUNICATION STAFF

Activated by: OB-MD / OB NURSE / ED-MD / Midwife

Call is made to ext. 2333 HDMH or 3333 SMMH

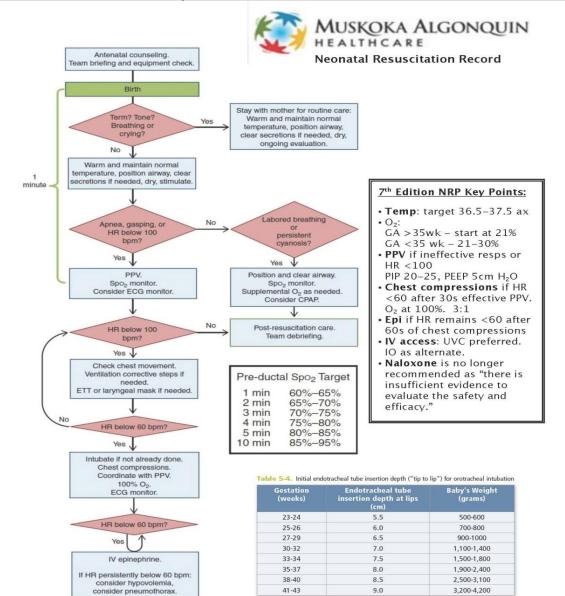
DATE:

STEP#	Task		Completed (tick)
1	Announce via overhead page "CODE PINK To <location< td=""><td>on></td><td></td></location<>	on>	
2	OBS MD On-Call: Esti (unless told they are already present)	mated Time of Arrival:	
3	Registered Midwife Pager: 1.888.235.6087		
	If the following staff are not already in the building		
4	RRT On-call: Est (Note- if its known that there isn't any RT support, rer	cimated Time of Arrival:	
5	Lab Tech On-Call: Est	imated Time of Arrival:	
6	DI Tech On-Call: Est	imated Time of Arrival:	
	REGISTRATION STAFF NAME RESPONDING : DATE: TIME:		

Appendix 2 – Neonatal Resuscitation Record

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Adapted from Kempley ST, Moreira JW, Petrone FL. Endotracheal tube length for neonatal intubation. Resuscitation. 2008;77(3):369-373.

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Date DOB GBS: pos/neg	Resuscitation Record Time Time of Birth Amniotic Fluid: clear/med	Gi Di M	EDC	sc Start		Wtr	usc En neas/e	d	
Role	Name			HR bel Assiste Sponta HR bel Compr	ow 100 ed Resp ineous I ow 60 b ressions	started	j, or ap ons	nea	
Summary of E	vents Leading Up to Need 1	for		APGAF Tota Colour Pulse Grimace Activity Resp O ₂ Vent Comp Limb BP	Rtarm	Lt arm	Rt id	15	Lt leg
PROCEDURE	DETAILS				BY V	WHOM	STA	ART	END
Free Flow O ₂ PPV Suction for Meconium Intubation Gastric Asp'n	□ bag/mask □ oral a/w □ ETT size: □ 2.5 □ 3.0 □ 3. Amt: Consistency □ LMA □ 1.0 □ 1.5 □ ETT □ 2.5 □ 3.0 □ 3.5 I Confirmed: □ b/l air entry □ OG □ NG □ 5 Fr □ 8 Fr	.5 : 	thick NPT oth: CO ₂	□ thin cm			3.7		
Castric Asp n Chest Compressions Peripheral IV UVC Labs ordered Other	HR at initiation: HR at discontinuation:	□	24G □	l other					

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			CARD	10	R	ESP	IRATOR	Y	TRE	AT	MENT	S		NOTES
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NEON	NEONATAL RESUSCITATION DRUGS FLUIDS RESUSCITATION	RESUS FLUIDS	USC)	TAT	ION	DRU	ME .	VE I	WEIGHT DICATIONS	COR	CORRECTED ANTIBIOTICS PRET	PRETR	ED DOSES PRETREATMENT FOR INTUBATION	T FOR
Medications:	D10 Infusion Rate		D10 Bolus	Volume Expansion (Normal Saline)	Epinephrine	•	Naloxone - * no longer recommended per NRP 7th ed	Surfactant	Fentanyl (Pain)	Ampicillin	Gentamycin	1. Atropine	2. Diluted Fent	3. Succinyl-choline
Route	N		IV	IV	ET	IV	IV/IM	ET	IV	VI	IV	IV	IV	IV
	mL/kg day	/hr	nL/kg dose	mL/kg r 5-10 min	nL/kg dose, id push	mL/kg dose, id push	mg/kg dose, id push	nL/kg, e slowly	-1 mcg/kg dose, e slowly	mg/kg dose, th	ng/kg dose, h	2 mg/kg dose	ncg/kg dose, r 2 min	ng/kg dose
wks W	per	mL/			per rapi	per	per		per				per	
23 500	40	1.7	1.0	5.0	0.5	0.05	0.05	ω	0.3	25	2	0.01	1.5	1.0
25 750	60	2.5	1.5	7.5	0.8	0.08	0.08	4	0.4	38	3	0.02	2.3	1.5
27 1000	80	3.3	2.0	10.0	1.0	0.10	0.10	5	0.5	50	4	0.02	3.0	2.0
29 1250	100	4.2	2.5	12.5	1.3	0.13	0.13	6	0.6	63	5	0.03	3.8	2.5
30 1500	120	5.0	3.0	15.0	1.5	0.15	0.15	8	0.8	75	6	0.03	4.5	3.0
31.5 1750	140	5.8	3.5	17.5	1.8	0.18	0.18	9	0.9	88	7	0.04	5.3	3.5
33 2000	160	6.7	4.0	20.0	2.0	0.20	0.20	10	1.0	100	8	0.04	6.0	4.0
34 2250	180	7.5	4.5	22.5	2.3	0.23	0.23	11	1.1	113	9	0.05	6.8	4.5
35 2500	200	8.3	5.0	25.0	2.5	0.25	0.25	13	1.3	125	10	0.05	7.5	5.0
36 2750	220	9.2	5.5	27.5	2.8	0.28	0.28	14	1.4	138	11	0.06	8.3	5.5
37 3000	240	10.0	6.0	30.0	3.0	0.30	0.30	15	1.5	150	12	0.06	9.0	6.0
38 3250	260	10.8	6.5	32.5	3.3	0.33	0.33	16	1.6	163	13	0.07	9.8	6.5
40 3500	280	11.7	7.0	35.0	3.5	0.35	0.35	18	1.8	175	14	0.07	10.5	7.0
42 3750	300	12.5	7.5	37.5	3.8	0.38	0.38	19	1.9	188	15	0.08	11.3	7.5
4000	320	13.3	8.0	40.0	4.0	0.40	0.40	20	2.0	200	16	0.08	12.0	8.0
4250	340	14.2	8.5	42.5	4.3	0.43	0.43	21	2.1	226	17	0.09	12.8	8.5

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			CAR	DIO	F	RESP	IRATOR	Y	TREA	TMENT	S	NOTES
Time	Temp	CBG	HR (* = Compressions)	ВР	RR	O ₂ Sat %	СРАР	FiO, % or Free Flow (FF)	Drugs	Dose (mg)	Route	Observations, colour, tone, other meds given, response to treatments and meds, procedures, resources
Tim	10		F) KI L CI					N SUMM	ARY	п	Jaspansa /Cammants
Tim	ie		L	rug			Dos	ье -	Route		К	Response/Comments
							-					

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FURTHER CASE NARRATIVE

Appendix 3 Code Pink Crash Cart Checklist

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Neonatal Crash Cart

		Neonatai Crasn Cart
Top of the crash cart		
Code pink sheets		stylet
Antibiotic instructions (Amp &		
tobramycin)		extra masks
laryngoscopes & blades		ET tubes 2.5, 3.0, 3.5, 4.0, 4.5
#8/#10/#12 suction catheter		meconium aspirator
waterproof tape		Co2 detector
sterile water		ET tape ties
manometer	100000000000000000000000000000000000000	Spo2 probe
scissors		magill forceps
ambu bag		
First Drawer	1	First Drawer
Epi preloaded 1mg in 10cc	X4	arm board
Atropine 0.1mg/ml preloaded	Х3	transparent dressings
atropine 0.4mg /ml vial	Х3	Blood tubes
Narcan 0.4mg/ml	X4	cord clamps & cutters
Bicarb 4.2% 0.5meg/ml preload	Х3	sutures
Dextrose 50% preloaded	X2	steri strips
Sterile water	X4	medication labels
Normal Saline	X4	Batteries
Vitamin K	X2	Bulbs
Erythromycin ung.	X2	ABG kits
Tobramycin 80mg/2ml	X2	Guaze 2X2's
needles- various sizes		Oral airways
Syringes 1cc/3cc/5cc/10cc	74.	Cathlons/24G butterflies
tape: transpore/ paper/		
waterproof/ coban		tourniquets
Intraosseous needles		alcohol swabs
Second Drawer	1	Third Drawer
Meconium aspirators		D10 IV fluid
stopcocks		NS 500cc bag
Sterile water	-	D5 500 cc bag
electrode stickers		N/S 250cc bag
Oximeter probes	1	Pump tubing
Pneumothorax tap kit		Secondary tubing
Elastoplast tape	1	Blood transfusion kits
o2 tubing		5.500 transitision kits
lidocaine spray/nozzles	-	-

Bottom of the Cart	
Umbilical cath kit	X2
Umbilical cath tray	X2
Foley cath tray	X2
UV catheters 3.5/5/8	
Intraosseous drill (OBS cart only)	
Infant BP cuffs	

Side of the Cart	
Extra Suction Catheters	
Extra ET tubes	
Feeding tubes 5 & 8	
LMA's	
Stylets	

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Appendix 4 – MoreOB 'Take-5' Debriefing Tool



"Take-5" Debriefing Tool

The interprofessional team gathers together for a few minutes at the end of a case, or procedure, to address the following five questions:			
1.	What went well, why did it go well, what can we learn that we might adopt into our processes to make them better?		
_			
2.	What did we leam?		
_			
3.	What would we do differently next time?		
_			
4.	Did we have any system issues, such as equipment, processes or information flow?		
_			
5.	Who is going to follow-up to fix the problems? And by when?		
_			
	Thank you for spending the time to share what you have learned from this experience.		
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MUSKOKA ALGONQUIN HEALTHCARE		Policy/Procedure Name:	Code Pink Policy and Procedure
Manual: Emergency Preparedness		Number:	
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Appendix 5 – Protected Code Pink (during a pandemic)

In the emergency room/outpatients

All Code Pinks (neonates- 28 days or less) called in the emergency department or in other outpatient departments shall be run as a Protected Code Pink.

When caring for a clinically unstable or deteriorating infant, even prior to needing AGMPs, staff should consider donning contact/droplet and airborne PPE in anticipation of a Protected Code Pink.

When staff are responding to the Protected Code Pink they must bring their appropriate fit test N95 mask with them to prevent delays and don full airborne precautions prior to entering the room. An assigned safety leader will monitor PPE (personal protective equipment) donning and doffing. Protected Code Pinks should be performed in a negative pressure room. If unavailable, a private patient space with a closed door is sufficient. Any other patients in the space should be removed. Frequency of room entry and exits should be minimized.

The minimum staff needed to safely meet the needs of the patient should attend Protected Code Pinks.

If the baby requires transportation within the hospital while receiving respiratory support, the transfer must take place in a closed incubator or isolette.

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Appendix 6 – Protected Code Pink (during a pandemic)

In the delivery room

Staff must use contact/droplet protection for all regular deliveries at a minimum; however, they should do a point of care risk assessment to determine if any other precautions should be taken.

Droplet/contact precautions are considered sufficient during delivery for mildly symptomatic mothers with suspected or confirmed COVID-19. Any resuscitation of these infants should be performed a minimum of 2 meters from the mother for the protection of the newborn.

Deliveries of **unwell** mothers with suspected or confirmed COVID-19 with respiratory distress plus or minus needing respiratory support should take place under droplet/ contact and airborne precautions. Wherever possible the Code Pink resuscitation should be done in a separate space from the mother (ie. in another room) to protect the newborn.

In the event of a newborn requiring longer term (4-6 hours as defined by PCMCH) respiratory support such as ventilation, CPAP or SIPAP, the team should switch to droplet/ contact and airborne precautions with N95 masks. The door of the room should remain closed with minimal entries and exits.

If the baby requires transportation within the hospital while receiving respiratory support, transfers must take place in a closed incubator or isolette.

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