



Posey Soft Belt Restraint

For Chair Use ONLY

LEAST RESTRAINT

The Posey lap belt is considered a restraint.

It is the policy of RVH to use physical, environmental, and/or chemical restraints, only as an exceptional and temporary measure. Restraints are used as a last resort, where there is immediate risk to safety.

This applies to staff who have been approved through legislation and trained to be involved in the use of restraints at RVH.



Royal Victoria
Regional Health Centre

REMINDERS...

Requirements	Frequency
MRP Order	Valid for 24 hours
Consent from patient/SDM/POA	Obtain as soon as possible
Assess for continued need for restraints	Minimum every 4 hours
Perform and document restraint checks	As clinically indicated
Perform and document restraint release	Every 2 hours for a minimum of 10 minutes



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INDICATIONS FOR USE

- Patients assessed to be at risk of injury from falls
- Patients needing a positioning device for added safety while in a chair
- Patients who have a tendency to slide down in a chair.

CONTRAINDICATIONS

DO NOT use on a patient who is or becomes highly aggressive, combative or suicidal

DO NOT use on patients with: ostomy, colostomy, g-tubes, or hernias

DO NOT use with post-surgery tubes, incisions, catheters or monitoring lines

DO NOT use with severe COPD

SECURING THE SOFT LAP BELT



Adjust the restraint so when applied will sit around the waist of the patient.

Avoid securing the restraint too far back as it will sit below the waist when applied to the patient.



- ✓ Landmark wide portion of the pelvic holder with the edge of the chair seat prior to the patient sitting
- ✓ Secure out of the patient's reach with a *quick release knot*
- ✓ When adjusting the recliner retie quick release knot



QUICK RELEASE KNOT

All knots must
be quick release.

Click on the
video to see how
to tie a quick
release knot.



QUICK RELEASE KNOT



**Click on the video
to see how to
release a quick
release knot.**

PATIENT APPLICATION

- ✓ Position the patient as far back in the seat as possible
- ✓ Bring the wide part of the pelvic holder between the patients legs
- ✓ Bring the straps behind the seat of the chair
- ✓ Criss-cross the straps
- ✓ Bring straps through restraint loops



PATIENT APPLICATION

Bring straps through restraint loops



Click on the video to see the use of restraint loops

PATIENT APPLICATION

Tie straps together using a quick release knot



Click on video 1 and 2 to see quick release knot and release.

PROPER APPLICATION

Check that the straps are secure and will not change position, loosen, or tighten if the patient pulls on them or if the chair is tilted or adjusted.

Make sure patient wears proper undergarments to protect skin and continue to monitor skin condition in the groin area.



REFERENCES

Royal Victoria Regional Health Centre, (2018). Policy and Procedure. *Least Restraint (Physical, Environmental, and Chemical Restraints)*

Posey Company, (2009). Application Instructions. *Soft Belt*