

**How can you and your family help during this process?**

***Be involved in your care.*** You are an important partner in your care and we want to make sure you have all the information you need.

**Ask questions.** If you don't understand something please speak with a member of the healthcare team.

Being in the hospital can be an emotional experience. **If you want to talk about how you are feeling, please let us know...**we are here to help. There are supports available to you and your family.

Our goal is to work together to provide a positive experience during your stay.

Unit:

Hospital Phone Number:

Extension : \_\_\_\_\_

### Contacting Us

We suggest it is best to be in the hospital and speak to staff directly.

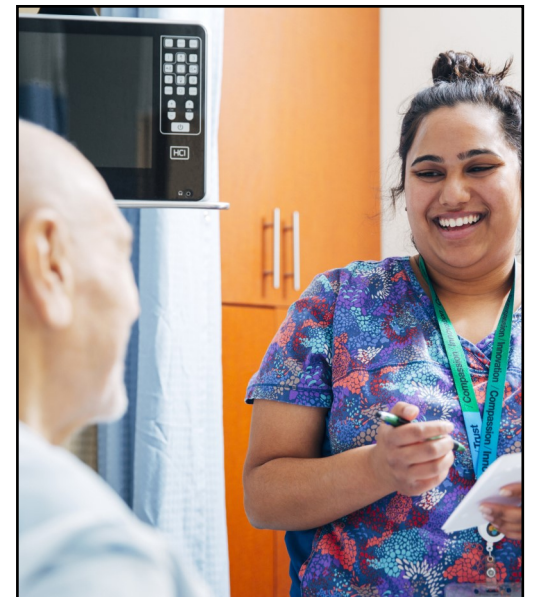
We understand it is not always possible to be at the hospital so family may contact the nursing unit 24 hours a day with concerns or questions.

We also suggest 1 family member be responsible for providing updates to other friends and family on the patients' behalf.



**Lakeridge  
Health**

## Purposeful Rounding at Lakeridge Health



**Important  
information  
about your stay!**

## **Purposeful Rounding at Lakeridge Health**

Your health care team is dedicated to providing quality care. To support your care, members of the health care team will be checking on you at least **every two hours**. This is referred to as Purposeful Rounding.

### **What is Purposeful Rounding?**

Purposeful Rounding is when a member of the healthcare team regularly visits, every two hours, to ask you about and assess you for comfort needs.

### **What should I expect?**

During this time we will ask you about your needs and wishes, including asking you about pain, toileting and keeping you safe.

## **During rounding we will:**

### **Monitor your pain and comfort level**

Your pain experience plays a major role in your recovery. We will assess your pain by asking you to rate your pain on a scale from 0-10. You may need medication to help control your pain.

### **Help you move and change positions**

Changing positions is important to keep your skin healthy and to improve your circulation. We will check to ensure you are changing position and help you as needed.

### **Assist you to the bathroom**

We want to be sure you are comfortable. We will check to see if you need to go to the bathroom or if you have other personal needs. We will assist you with these tasks as needed.

### **Ensure your safety comes first!**

Staff will make sure the appropriate safety measures are in place to keep you as safe as possible during your stay.

## **Keep personal items in close reach such as:**

- Telephone
- TV remote
- Bedside table
- Water or other drinks
- Food and snacks
- Eye glasses
- Call bell for assistance
- Urinal or bedpan

Your health care provider will not wake you if you are sleeping, unless you or our doctor has asked us to.

You can call for help at any time by using the call bell.

### **What does this mean for you, your family and partner in care?**

It means that we are anticipating your needs and monitoring your well-being so you can focus on your recovery.