

## **Appendix B: Procedure for Instillation**

1. Gather supplies:
  - a. #14 Fr Foley catheter
  - b. Catheter tray
  - c. Incontinent pads
  - d. Lidocaine 2% gel with physician's order
  - e. Sterile gloves
  - f. Sterile nitrile gloves
  - g. Disposable wash cloths
  - h. Pre-mixed BCG
  - i. Eye protection
  - j. N95 mask
  - k. Chemo gown

### **The nurse will:**

1. Gather equipment
2. Introduce yourself to the patient
3. Identify the patient using two unique patient identifiers
4. Explain procedure to the patient
5. Have patient undress and put on gown
6. Clean work surface
7. Clean hands
8. Position and drape patient
9. Place incontinent pads under the patient
10. Clean hands
11. Insert foley catheter as per standard procedure maintaining sterile technique
12. If blood is present, Stop and notify Physician before continuing with procedure
13. Leave catheter in place allowing the bladder to drain completely of urine
14. Remove gloves
15. Clean hands
16. Apply Nitrile gloves
17. Remove the protector cap from the BCG medication administration tube and attach it to the Foley catheter
18. Turn the stopcock handle so that the OFF position points to the vial
19. Instill the suspension into the bladder slowly over one minute
20. Turn the stopcock handle to the catheter
21. Remove foley catheter as per standard procedure
22. Encase the catheter and medication set with the disposable pad
23. Dispose of materials into the cytotoxic waste container
24. Help the patient with cleaning of the genital area if necessary
25. Remove gloves and gown and dispose into cytotoxic waste container
26. Clean hands
27. Remove eye protection and N95 mask and dispose into cytotoxic waste container
28. Clean hands
29. Offer the patient an incontinence pad (to take home)
30. Patient may be discharged home with discharge instructions and education
31. Document procedure in the Patient health record.